

Weekly Planning and Review An Explosion of Results

Hot Spots*	Monday Vision	Daily Outcomes - Next Best Thing							Friday Reflection - Lessons Learned	
	3 Weekly Outcomes	M	T	W	Th	F		Going Well	Improve	
Life	1	1	1	1	1	1	1	1	1	
Work	2	2	2	2	2	2	2	2	2	
Personal	3	3	3	3	3	3	3	3	3	
Plan		Do					Review			

Hot Spots		
Life Frame Mind Body Emotions Career Financial Relationships Fun	Work Activities Active Projects Backlog	Personal Activities Active Projects Backlog

Tools		
Action	Reference	Calendar
Daily Outcomes	Ideas	Boundaries
Weekly Outcomes	Notes	Strengths
Queues	Monthly Results	
Scripts		